

## Individual

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|--|--|
|  | 1 1 Backpack & Rain Cover  |
|  | 2 Containers to carry 3-5 liters of water – Mixture of bladders & nalgene water bottles work best - don't bring leaky bottles  |
|  | 3 1 Sleeping Bag or Sleeping Bag & Liner – Rated to at least 30 degrees – No more than 4 lbs. Stuff in compression stuff sack. |
|  | 4 1 Sleeping Pad – Closed Cell – Z-Rest or backpacking weight thermarest   |
|  | 5 1 pair of boots or trail hiking shoes – mid to heavy duty leather type – allow for break-in period                           |
|  | 6 1 pair of tennis shoes or sandals or Crocs (no flip flops)   |
|  | 7 1 rain jacket  |
|  | 8 1 pair of rain pants   |
|  | 9 1 rain poncho ( <i>optional</i> ) – can be used for tarp and extra ground cloth as well                                      |
|  | 10 1 pair of shorts with liner briefs  |
|  | 11 1 pair of zip-off pants with liner briefs   |
|  | 12 2-3 pair of underwear ( <i>if pants don't have liner briefs</i> )   |
|  | 13 1- 2 Coolmax type T-shirt   |
|  | 14 1 long sleeve, hiking shirt with vents  |
|  | 15 1 100 weight, long sleeve fleece top - consider heavier weight fleece depending on preference and anticipated weather.      |
|  | 16 2 - 3 pair of smart wool hiking socks - thickness based on preference   |
|  | 17 3 pair of thin liner socks - ( <i>optional if using hiking shoes</i> )  |
|  | 18 1 hat with brim all the way around – no baseball caps   |
|  | 19 1 thin stocking cap & possibly gloves   |
|  | 20 1 handkerchief/bandanna   |
|  | 21 1 – 2 pocket cameras – Better results if Crew designates 1 –2 people as crew photographers and take good cameras with       |
|  | 22 1 toothbrush  |
|  | 23 1 tube of chapstick/lip balm  |
|  | 24 1 small pack towel  |
|  | 25 required medicine   |
|  | 26 1 small plastic bowl  |
|  | 27 1 cup – Mix drinks in cup not water bottle  |
|  | 28 1 spoon or spork  |
|  | 29 1 plastic bag or small mesh bag to keep bowl, cub and spoon in. Hang in tree near kitchen area – not in bear bag.           |
|  | 30 1 pair of sunglasses  |
|  | 31 1 thin paperback book for those that like to read   |
|  | 32 1 small headlamp flashlight & extra batteries   |
|  | 33 \$20.00   |

## Per Two People

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|--|--|
|  | 1 1 Ground Cloth per 2 people– slightly smaller than tent – nylon type with grommets work well |
|  | 2 1 Tent per 2 people  |
|  | 3 Tent stakes - no. appropriate to tent plus 2 extra   |
|  | 4 1 small tube of toothpaste per 2 people  |
|  | 5 1 small tube of sun protection lotion  |
|  | 6 1 small – pocket knife   |

## Per Crew of 10-12

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|--|---|
|  | 1 Map & Compass   |
|  | 2 Backpacking Dining Fly  |
|  | 3 2 - 3 liquid fuel backpacking stoves preferably same style with 1 repair kit ( <i>make sure they all work</i> ) |
|  | 4 3 large or 4 medium fuel containers ( <i>you will be able to get more fuel during food pick-u ps</i> )          |
|  | 5 matches and lighter   |
|  | 6 2 - 3 2 liter pots(aluminum or titanium) Don't take the big pot they offer.                                     |
|  | 7 1 mixing spoon  |
|  | 8 First aid kits with blister stuff, foot powder, pain medication, etc.   |
|  | 9 1 - 3 bear bags   |
|  | 10 1 - 2 bear ropes/cord – ¼ inch   |
|  | 11 2 - 3 carabiners to attach rope to bear bags   |
|  | 12 2 water filter/purification devices  |
|  | 13 A few extra backpack buckles & pins of different sizes   |
|  | 14 Small supply of duct tape and 10 –20 feet of thin parachute cord   |
|  | 15 Toilet Paper – 3-4 rolls   |
|  | 16 Plastic Shovel   |
|  | 17 1 pocket sewing kit  |
|  | 18 1 –2 small bottles of waterless hand cleaner   |
|  | 19 2-3 kitchen size garbage bags  |
|  | 20 1 - 2 decks of cards   |